

**La Mesa Branch Library**  
8074 Allison Avenue  
La Mesa, CA 91942  
Phone: (619) 469-2151

**March 2016**

**Library Hours**  
M-Th: 9:30AM – 8PM  
F-S: 9:30AM – 5PM, Sun: 12 – 5PM  
Text: (619) 928-2251

Children’s Programs

**Storytimes**  
Baby (0-18 months) Tuesdays at 11:30 am  
Bilingual Spanish & English (all ages) Tuesdays at 4 pm  
PJ Storytime (all ages) Wednesdays at 6:30 pm  
Preschool (3-5 year olds) Thursdays, March 10 & 24, 10:30 am  
Toddler (1-3 year olds) Fridays at 9:45am & 10:45 am

**Preschool Yoga**  
Do you want to roar like a lion or swim like a fish? Using children's books as inspiration,a certified children's yoga instructor will engage children with yoga exercises. Have children wear comfortable clothing. Thursdays, March 3 & 17, 10:30 am

**Paws to Read with Jake**  
Kids ages 4-11 read to Jake the therapy dog to improve their reading skills. Sign up for 15 minute sessions. Monday, March 7 & 21, 3-4 pm

**LEGO Club**  
Join the fun and build with other LEGO fans. In-house LEGO toys will be provided. Mondays, 4 pm

**Tween Program**  
Be a part of a new Tween group. Offer your ideas for library programs, make new friends, and have fun. Ages 8-11. Wednesdays, March 2 and 16 at 4-5 pm

**STEAM for Kids**  
STEAM program for kids from Kindergarten through 2nd grade. Explore different science and art concepts. Parent/caregiver participation required. All materials provided. Thursdays at 3:30 pm

**Family Game Night**  
Come play an assortment of board and card games with family and friends at the library. Play ours or bring your own! Monday, March 28, 6:30 pm

Teens (6<sup>th</sup>-12<sup>th</sup> grade)

***Supernatural* Fandom**  
If you love the show *Supernatural*, don't miss this event. We'll make *Supernatural* necklaces, t-shirts (must bring your own shirt) and have a trivia quiz. Snacks provided. Tuesday, March 10, 4:00 pm

**Candy Sushi**  
Learn how to make sushi out of candy. Saturday, March 12, noon

**Teen Book Club**  
Pick up a copy of the current title at the desk. We'll talk about what we think of the book and vote on the next title to read. Refreshments. Thursday, March 17, 4:00 pm

**Action Council of Teens**  
Have a say in what teen materials we buy, how the teen room is decorated, plan all future teen events, design the teen flyer, and more. Attendance can count as community service. Refreshments. Thursday, March 24, 4:00 pm

**Teen Movie**  
The final movie in the Hunger Games saga. Snacks provided. Tuesday, March 29, 4:00 pm

**Math Homework Help**  
Get one-on-one help with your homework for algebra, geometry, or trigonometry. Sign-up required. Mondays and Tuesdays, 4:15 pm

Adults

**Bereavement Support Group**  
VITAS Hospice invites you to a drop-in group for anyone who has suffered the loss of a loved one. Gain support from others who are experiencing loss. Tuesday, March 1, 10:30 am

**Check Your Mood**  
Visit with a clinician from San Diego Youth Services to ask questions about improving your mental health. Free and open to all ages. Wednesday, March 2, 9:30 am – noon

**NOW We're Talking!**  
A series using art and literature as stepping stones for deep conversation about identity, community, and politics. Pick up reading at front desk. Wednesday, March 2, 10:30 am – noon

**Job Interview Workshop**  
Learn skills and techniques to impress and succeed at your next job interview. Brought to you by the East County Career Center. Wednesday, March 9, 10:00 am – 12:00 pm.

**Food for Thought Festival**  
Annual program about food and healthy eating. Featuring presentations by MasterChef winner Claudia Sandoval, raw food expert Mimi Kirk, and brewmasters from La Mesa's Bolt Brewery. Saturday, March 12 10:00 am – 3 pm.

**Parenting Classes: Children**  
Topics include: understanding young children, building self-esteem in the early years, and helping young children learn to cooperate. Pre-registration required. Babysitting provided with pre-registration. Provided by Home Start Inc. Register at the numbers below. Saturdays, 10:30 am – noon  
Parenting Infants, Toddlers & Preschoolers- March 5 &12. Call Kristina @ 619-692-0727 x103  
Parenting Ages 6-12- March 19 & 26. Call Valeria @ 619-692-0727 x105.

**Parenting Classes: Parenting a Teenager**  
Are you parenting a teenager? Get information and tips at this free weekly parenting workshop. Pre-registration is required, and class will not be held on March 31. Contact Valeria Moore at Home Start, Inc. to register: 619-692-0727 Ext. 105. Thursdays, March 3,10, 17 & 24, 5:30 pm – 7:30 pm

**Comic Lovers Book Club**  
Join fellow comic fans to talk about graphic novels, manga, comic movies and more. Learn about great upcoming titles or series you might have missed. More info at Facebook.com/LaMesaComicClub. Tuesday, March 15, 6 pm

**Adult Book Club**  
Join a lively group of thinkers as we discuss *And the Mountains Echoed* by Khaled Hosseini. Books available for pick up at the front desk. Wednesday, March 16, 10:30 am

**Tales Out Loud**  
Actor Walter Ritter will read a variety of entertaining and literary works for those who love the spoken word. Thursday, March 17, 1 pm

**DRAW**  
Learn basic drawing techniques in pencil and charcoal. Reservations required, materials supplied. Monday, March 21, 4:30 pm

**Saturday Movie**  
Animated Pixar movie about a dinosaur named Arlo and his pet human, Spot. Saturday, March 26, 2:00 pm

**Financial Wellness Wednesdays: Student Loans**  
A three-part series of presentations about everyday money and financial issues, by the San Diego County Credit Union. This month: Repaying Student Loans. Questions or RSVP to Melissa Adams, madams@sdccu.com. Wednesday, March 30, 5:30 pm

Ongoing

**Scrabble Club**  
Stop in and play with other Scrabble fans. Mondays, 4-6 pm

**Introductory Computer Classes**  
Learn basic computer skills, registration required. Tuesdays, 2-3 pm

**Ebook Tutoring**  
Schedule your appointment for a one-on-one session and learn to download library ebooks. By appointment only, Tuesdays 3-4 pm and Fridays 1-2 pm.

**Knitting Club**  
Bring your project and chat with other knitters. Wednesdays, 6-8 pm

**SilverSneakers Yoga**  
Gentle yoga and strengthening exercises for all skill levels. Saturdays, 8:30-9:30 am

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		<b>1</b> 10:30 AM-Monthly Bereavement Support Group 11:30 AM-Baby Lapsit 2:00 PM- Computer Classes 3:00 PM-Ebook Tutoring 4:00 PM- Bilingual Storytime/ Hora de cuento bilingüe 4:15 PM-Math Homework Help	<b>2</b> <b>9:30 AM-Check Your Mood</b> 10:30 AM-Now We're Talking! 4:00 PM-Tween Program 6:00 PM-Knitting Club 6:30 PM-PJ Storytime	<b>3</b> 10:30 AM-Preschool Yoga 11:00 AM-Covered California 3:30 PM-STEAM for Kids 5:30 PM-Parenting a Teenager	<b>4</b> 9:45 AM-Toddler Storytime 10:45 AM-Toddler Storytime 1:00 PM-Ebook Tutoring	<b>5</b> 8:30 AM-SilverSneakers Yoga 10:00 AM-Parenting Classes: Infants, Toddlers, and Pre-Schoolers
<b>6</b>	<b>7</b> 3:00 PM-Paws to Read with Jake 4:00 PM-Lego Club 4:00 PM-Scrabble Club 4:15 PM-Math Homework Help	<b>8</b> 11:30 AM-Baby Lapsit 2:00 PM- Computer Classes 3:00 PM-Ebook Tutoring 4:00 PM- Bilingual Storytime/ Hora de cuento bilingüe 4:15 PM-Math Homework Help	<b>9</b> <b>10:00 AM-Job Interview Preparation</b> 6:00 PM-Knitting Club 6:30 PM-PJ Storytime	<b>10</b> 10:30 AM-Preschool Storytime 3:30 PM-STEAM for Kids <b>4:00 PM-Supernatural Fandom</b> 5:30 PM-Parenting Classes: Parenting a Teenager	<b>11</b> 9:45 AM-Toddler Storytime 10:45 AM-Toddler Storytime 1:00 PM-Ebook Tutoring	<b>12</b> 8:30 AM-SilverSneakers Yoga <b>10:00 AM-Food for Thought</b> 10:00 AM-Parenting Classes: Infants, Toddlers, and Pre-Schoolers 12:00 PM – Candy Sushi
<b>13</b>	<b>14</b> 4:00 PM-Lego Club 4:00 PM-Scrabble Club 4:15 PM-Math Homework Help	<b>15</b> 11:30 AM-Baby Lapsit 2:00 PM- Computer Classes 3:00 PM-Ebook Tutoring 4:00 PM- Bilingual Storytime/ Hora de cuento bilingüe 4:15 PM-Math Homework Help 6:00 PM-Comic Lovers Book Club	<b>16</b> <b>10:30 AM-La Mesa Library Book Club</b> 4:00 PM-Tween Program 6:00 PM-Knitting Club 6:30 PM-PJ Storytime	<b>17</b> 10:30 AM-Preschool Yoga <b>1:00 PM-Tales Out Loud</b> 3:30 PM-STEAM for Kids 4:00 PM-Teen Book Club 5:30 PM-Parenting Classes: Parenting a Teenager	<b>18</b> 9:45 AM-Toddler Storytime 10:45 AM-Toddler Storytime 1:00 PM-Ebook Tutoring	<b>19</b> 8:30 AM-SilverSneakers Yoga 10:00 AM-Parenting Classes: Parenting Ages 6-12
<b>20</b>	<b>21</b> 3:00 PM-Paws to Read with Jake 4:00 PM-Lego Club 4:00 PM-Scrabble Club 4:15 PM-Math Homework Help 4:30 PM-DRAW	<b>22</b> 11:30 AM-Baby Lapsit 2:00 PM-Computer Classes 2:30 PM- Covered California 3:00 PM-Ebook Tutoring 4:00 PM- Bilingual Storytime/ Hora de cuento bilingüe 4:15 PM-Math Homework Help	<b>23</b> 6:00 PM-Knitting Club 6:30 PM-PJ Storytime	<b>24</b> 10:30 AM-Preschool Storytime 3:30 PM-STEAM for Kids 4:00 PM-Action Council of Teens 5:30 PM-Parenting Classes: Parenting a Teenager	<b>25</b> All Day-Fine Free Friday 9:45 AM-Toddler Storytime 10:45 AM-Toddler Storytime 1:00 PM-Ebook Tutoring	<b>26</b> 8:30 AM-SilverSneakers Yoga 10:00 AM-Parenting Classes: Parenting Ages 6-12 2:00 PM-Saturday Movie
<b>27</b> All Day-Easter Closure	<b>28</b> 4:00 PM-Lego Club 4:00 PM-Scrabble Club 4:15 PM-Math Homework Help 6:30 PM-Family Game Night	<b>29</b> 11:30 AM-Baby Lapsit 2:00 PM- Computer Classes 3:00 PM-Ebook Tutoring 4:00 PM- Bilingual Storytime/ Hora de cuento bilingüe 4:00 PM-Teen Movie 4:15 PM-Math Homework Help	<b>30</b> <b>5:30 PM-Financial Wellness Wednesdays</b> 6:30 PM-Knitting Club 6:30 PM-PJ Storytime	<b>31</b> All Day-Cesar Chavez Day Holiday Closure	<div>Friends of the Library Bookstore Open 1-4 PM daily.</div>	

